



# Potterhouse School

## Menu 2011/2012

DAY	TEA BREAK	LUNCH WEEK 1	LUNCH WEEK 2
<b>MONDAY</b>	Hot Chocolate & Mandazi	Pilau Mix & Fried Cubed Cabbages Dessert: Tangerines	Spaghetti Butanesco Dessert: Water Melons
<b>TUESDAY</b>	Hot Chocolate & Bread/Popcorns	French Fries/Hotdog/Hamburger & Sausage with Cucumber & Tomato Salad Dessert: Melons or Oranges	Wild Rice, Kidney Beans & Vegetables Dessert: Tangerines
<b>WEDNESDAY</b>	Hot Chocolate & Cookies or Buns	Chapati/Moongdale & Fried Cabbage Dessert: Delicious Fruit Salad	Pizza (Minced Meat) & Coleslaw Salad Dessert: Ice-cream/Pineapple
<b>THURSDAY</b>	Hot Chocolate & Sweet Bananas or Doughnuts	Bread Buns with Minced Beef or Fried Cabbage with Ugali Dessert: Pineapples	Ugali, Beef Stew & Kales/Spinach Dessert: Pineapple Upside down
<b>FRIDAY</b>	Hot Chocolate & Cake	Chinese Rice, Chicken & Mixed Vegetables Dessert: Jelly/Mangoes	Baked Macaroni (Pasta) & Mixed Vegetables Dessert: Oranges



DAY	TEA BREAK	LUNCH WEEK 3	LUNCH WEEK 4
<b>MONDAY</b>	Hot Chocolate & Mandazi	Oriental Rice (French Beans, Carrots, Meat) Dessert: Tangerines	Rice & Vegetable Curry Dessert: Water Melons
<b>TUESDAY</b>	Hot Chocolate & Bread/Popcorns	Croquette Potatoes & Fish/Creamed Spinach Dessert: Chocolate Cake with Chocolate Sauce	Mashed Potatoes & Minced Stew Dessert: Oranges
<b>WEDNESDAY</b>	Hot Chocolate & Devonshire Tea Scones	Ugali/Spaghetti & Meat Stew/Fried Cabbage Dessert: Apple Pie	Vegetable Pizza & Lettuce, Tomato Salad Dessert: Ice Cream/Sweet Bananas
<b>THURSDAY</b>	Hot Chocolate & Marble Cake or Cup Cakes	Naan with Meat, Peas & Carrot Stew Dessert: Jelly/Bananas	Ugali, Kales/Spinach & Beef Stew Dessert: Pineapples
<b>FRIDAY</b>	Hot Chocolate & Pancakes or Drop Scones	Swahili Rice, Chicken & Russian Salad Dessert: Cake in Custard	Fried Rice or Meat Loaf & Steamed Cabbage Dessert: Apple Pie